G+F Vegetable Prices & Discounts. JUNE 2026

CROP	QTY	FULL PRICE	DISCOUNTED PRICE 60.0%	30.0%	20.0%
Apples - eating	each	35	**15**	**25**	**30**
Apples - cooking	250g	63	**25**	**45**	**50**
Artichoke, Globe	each	170	**70**	**120**	**135**
Artichoke, Jerusalem	500g	200	**80**	**140**	**160**
Asparagus	230g	290	**115**	**205**	**230**
Aubergines	each	100	**40**	**70**	**80**
Beans, Borlotti (dried)	250g	100	**40**	**70**	**80**
Beans, Broad	500g	240	**95**	**170**	**190**
Beans, Edamame (in pod)	500g	110	**45**	**75**	**90**

CROP	QTY	FULL PRICE	DISCOUNTED PRICE 60.0%	30.0%	20.0%
Beans, Flat	280g	100	**40**	**70**	**80**
Beans, French	300g	200	**80**	**140**	**160**
Beans, Runner	280g	205	**80**	**145**	**165**
Beetroot	bunch 500g	245	**100**	**170**	**195**
Blackberries	150g	280	**110**	**195**	**225**
Black / Redcurrants	125g	245	**100**	**170**	**195**
Broccoli	per head (c.400g)	105	**40**	**75**	**85**
Broccoli, Purple Sprouting	230g	270	**110**	**190**	**215**
Brussel Sprouts	500g	130	**50**	**90**	**105**
Cabbage, pointed	each	100	**40**	**70**	**80**
Cabbage, red	per kg	115	**45**	**80**	**90**

CROP	QTY	FULL PRICE	DISCOUNTED PRICE 60.0%	30.0%	20.0%
Cabbage, round	per kg	110	**45**	**75**	**90**
Cabbage, Savoy	each	95	**40**	**65**	**75**
Carrots	500g	45	**20**	**30**	**35**
Cauliflower	each	120	**50**	**85**	**95**
Cauliflower, Romanesco	each	200	**80**	**140**	**160**
Cavolo Nero	200g	160	**65**	**110**	**130**
Celeriac	each	100	**40**	**70**	**80**
Chard	200g	165	**65**	**115**	**130**
Chicory	250g	225	**90**	**160**	**180**
Chillies	50g	85	**35**	**60**	**70**
Courgettes	600g	170	**70**	**120**	**135**

CROP	QTY	FULL PRICE	DISCOUNTED PRICE 60.0%	30.0%	20.0%
Cucumber	each	90	**35**	**65**	**70**
Fennel	250g	145	**60**	**100**	**115**
Garlic	each	65	**25**	**45**	**50**
Gooseberries	300g	230	**90**	**160**	**185**
Kale, Curly	250g	140	**55**	**100**	**110**
Kohlrabi	100g	60	**25**	**40**	**50**
Leeks	500g	150	**60**	**105**	**120**
Lettuce, leafy	each	75	**30**	**55**	**60**
Lettuce, Little Gem	each	45	**20**	**30**	**35**
Marrows	see courgettes		**0**	**0**	**0**
Onions	500g	50	**20**	**35**	**40**

CROP	QTY	FULL PRICE	DISCOUNTED PRICE 60.0%	30.0%	20.0%
Onions, Red	500g	50	**20**	**35**	**40**
Onions, Shallots	500g	195	**80**	**135**	**155**
Onions, Spring	150g bunch	80	**30**	**55**	**65**
Pak Choi	250g	180	**70**	**125**	**145**
Parsnips	500g	78	**30**	**55**	**60**
Pears	each	60	**25**	**40**	**50**
Peas in the Pod	500g	280	**110**	**195**	**225**
Peas, Mange Tout	200g	180	**70**	**125**	**145**
Peas, Sugar Snap	200g	175	**70**	**125**	**140**
Pepper	each	70	**30**	**50**	**55**
Plums	each	40	**15**	**30**	**30**

CROP	QTY	FULL PRICE	DISCOUNTED PRICE 60.0%	30.0%	20.0%
Potatoes, first earlies	500g	90	**35**	**65**	**70**
Potatoes, 2nd earlies	500g	75	**30**	**55**	**60**
Potatoes, main crop	500g	70	**30**	**50**	**55**
Radish	200g	65	**25**	**45**	**50**
Rhubarb	400g	265	**105**	**185**	**210**
Raspberries	150g	260	**105**	**180**	**210**
Salad Leaves, mixed	bag (100g)	110	**45**	**75**	**90**
Salsify	350g	75	**30**	**55**	**60**
Spinach	260g	145	**60**	**100**	**115**
Spring Greens	500g	100	**40**	**70**	**80**
Squash, gem	each	100	**40**	**70**	**80**

CROP	QTY	FULL PRICE	DISCOUNTED PRICE 60.0%	30.0%	20.0%
Squash, others	per kg	200	**80**	**140**	**160**
Swede	each	70	**30**	**50**	**55**
Sweetcorn	each	90	**35**	**65**	**70**
Tomatoes, cherry	250g	100	**40**	**70**	**80**
Tomatoes	pack of six	100	**40**	**70**	**80**
Turnips	350g	80	**30**	**55**	**65**

Active Member Discounts

Average of 3-6hr per week	60% discount	Vegetables may be further discounted when there is a glut or they are substandard (so called "donations"). These extra discounts will be shown on individual price slate boards next to the the item(s).
Average of 2-3hr per week	30% discount	
Less than 2hr per week	20% discount	